

Dams



“You’ve gotta not make it clinical, you’ve gotta make it sexy and fun.”

Norma Jean Almodovar

sex worker rights activist and executive director for COYOTE LA

We acknowledge that whilst a dam is not the sexiest thing on the planet, neither are the STIs that can be potentially transmitted through unprotected oral sex. STIs such as gonorrhoea, chlamydia, herpes, the human papillomavirus (HPV), and the human immunodeficiency virus (HIV), can all be transmitted through mouth-to-genital contact, although the risks for these STIs are unsubstantiated.

Dams, or dental dams are square or rectangle pieces of latex or silicone that are super thin and often flavoured. They are used for vaginal, anal and oral protection. They stretch to cover the vulva and anal areas.

Anal rimming (licking) is a popular service for clients, or they may ask to go down on you. In these situations, use a dam, or a condom cut up the middle and flattened out.

To improve sensitivity, use a little water based lube on the body side of the dam. Don’t swap sides of the dam and don’t use the dam for more than one area as this could transmit infection.

Use a new dam for each person, as you would a condom. Hold the dam with your hands or use a suspender belt or a special dam belt.



Some sex workers have reported to RhED that they have had difficulty sourcing dams from suppliers, chemists etc. There are suppliers to the industry listed in the RED listings or you can contact RhED for further information 1800 458 752 or email sexworker@sexworker.org.au

Sex workers are safer sex professionals and have lower rates of STIs than people in the general community.

***For more information get out your smart phone and check this out:
<https://www.youtube.com/watch?v=s-PfsaCnLi0>***