

Party Bookings

This is a resource for all people working in the sex industry. Even if you don't think you will ever take drugs with a client, reading this resource might equip you with the confidence to provide advice to colleagues or friends. It might also be useful should you ever end up in a booking with a client who has taken drugs. We want to thank our friends from the [PARTi Project](#) for contributing their knowledge and insights to this resource.

Depending on how you decide to work within the sex industry, you might come across clients who are keen to book you for 'party bookings.' Party bookings are another name for a sex work service that involves taking illicit drugs. This is good to be aware of so that you don't misinterpret what the client is asking and potentially end up in a booking you don't feel comfortable in. If you are providing sex work services at night, whether it be as a brothel-based worker, agency escort, private escort, or sexually explicit entertainer, it is likely that at some stage you will come across a client who asks you whether you 'party.'

Remember, there are many sex workers who will never participate in party bookings during their time in the industry. It is important for you to make an informed choice that is dependent on your own needs and circumstances. If you decide to participate in party bookings, you can put any number of boundaries in place (for example, deciding to take some substances and not others, or to have your own drugs and not the clients). You shouldn't ever feel pressured to provide a service in the contexts of illicit drugs by either the clients or managers. Please get in touch with us as [RhED](#) on **1800 458 752** or at sexworker@sexworker.org.au if you have any concerns.

When considering whether you want to do party bookings, there are a few things to think about.

- Are you someone who is an experienced drug user? Do you know how different drugs affect you, and in what quantities?
- If management were to find out you were consuming drugs with a client, how would they react? If you think you might be fired, is this something you want to risk?
- Will consuming drugs with a client impact on your safety and decision making? When taking drugs are your inhibitions more likely to be lowered and are you more likely to say yes to things you would usually say no to?
- Consider how different drugs will affect both yourself and your client. Maybe you will feel comfortable with clients taking certain drugs but not others. You might feel the same way about yourself.
- If you decide to go ahead with a party booking, consider whether you want to risk that the drugs your client is giving you are what they say they are (i.e. if a client says they have cocaine, can you be sure this is what they are giving you?). If you are someone who already uses drugs, you might decide you will take your own drugs with the client rather than have some of theirs.



It is safest to try drugs for the first time with someone you know and trust, and ideally who is experienced and knowledgeable about drugs. Here are some common drugs clients might want to take during a booking and how they might affect them (or you);

Drug	General Impacts	Impacts on sexual function	Misc.
<u>Cocaine</u>	<ul style="list-style-type: none"> Increased energy, body temperature and sweating. Elevated mood and alertness. Reduced inhibitions. Might make some people more anxious. 	Often clients with penises who have consumed high amounts of cocaine during the evening will have difficulty achieving and maintaining erections (commonly called 'coke dick').	A powdery white substance which is usually snorted. Clients might be interested in you or themselves 'shelving' cocaine, which involves pushing it inside your anus, into the mucosa skin where it can be absorbed into the bloodstream. This results in a faster and most intense but shorter high.
<u>Ice</u>	<ul style="list-style-type: none"> Increased energy and alertness, hyperactivity, excessive talking, and repetition of simple acts. Increased body temperature and sweating, tightened jaw muscles and teeth grinding. Increase in confidence along with euphoria, along with abrupt changes in thoughts and speech. Might make some people restless and anxious. 	Initial use of Ice might increase the duration of sex with a client, however over time clients might experience erectile dysfunction or premature ejaculation.	Methamphetamine, usually in the form of translucent crystals which are smoked using a pipe.
<u>GHB</u>	<ul style="list-style-type: none"> Relaxation, slurred speech, drowsiness Decreased motor skills and involuntary muscle twitches. Euphoric moods and reduced social inhibitions. 	May increase sexual desire and response to sexual stimuli, but may also experience sexual dysfunction.	GHB comes with a very high risk of overdose due to the small window of tolerance between the amount to take to feel high and overdosing. Measure your own 1ml doses and wait <i>at least</i> 2 hours between redosing. GHB combined with alcohol, opioids, benzos, other depressants and ketamine is really dangerous. It is very easy to black out and lose consciousness using GHB.
<u>Ketamine</u>	<ul style="list-style-type: none"> Analgesia/numbness, loss of coordination. Pleasant body and mental high, sense of calm and serenity. Euphoria, disconnection from the world. 	May increase sexual desire but make it harder to orgasm. Might cause erectile dysfunction for people with penises.	Less common in sex work settings but a popular drug in Melbourne, so clients will sometimes have some on them if they have been at clubs. A white powdery substance that has dissociative and analgesic effects.

There are many other drugs clients might have consumed prior to meeting you for the booking. [Harm Reduction Victoria](#) have great information on different drugs and their effects.



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Combining drugs

If you or your clients are mixing drugs the effects may be different. If you're thinking of mixing drugs, TripSit have a chart you can consult to check for harmful drug interactions.

It is strongly advised against combining GHB with any other depressant, as it increases risk of overdose as well as the likelihood of blacking & passing out (especially if mixed with alcohol). Mixing GHB with stimulants may mean you can take more GHB than you usually would and not overdose (or blow-out), but if the stimulant wears off first you are at a much higher risk of overdosing.

Harm reduction tips:

- Negotiate services with your client before taking any substances, and try and stick to what you've agreed on. Many drugs lower inhibitions and you can be more likely to agree to services you wouldn't normally provide while under the influence of a number of drugs.
- Have your own water bottle that you can keep an eye on and remember to stay hydrated. Make sure to not accept drinks that others have made for you.
- If you are taking a drug you are less familiar with, or you are unsure of the potency of what you are taking, it is better to start slow. Try smaller amounts first to gauge how much you are comfortable taking. Remember that the effects of GHB stack, so don't re-dose for 2 hours.
- Always dilute a dose of GHB into water or another drink. If it is GBL or 1,4-B (both precursors to GHB, that convert to GHB in the body) it will burn your mouth and can cause damage.
- Measure out your own dose/line/bump/shot.
- Always try to have your own equipment on you, including a straw for using powders, a 3ml barrel for dosing GHB, new fits for injecting and a glass pipe for smoking. The Department of Health have a Needle and Syringe Program (NSP) aimed at minimizing the spread of blood borne viruses among people who inject drugs. Here is a list of locations where you can access free NSP supplies.
- As mentioned above, be careful mixing drugs, as some combinations can be fatal.

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 Monday to Friday 9.00am-5.00pm.

